



The Way Toward Evidence Based Nursing

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Senior managers of the health care system should try to eliminate or reduce the obstacles and develop a culture of evidence based health care throughout the health care system.

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Nursing, as a human science is the art and science of caring for people in all states of health and illness. It has shown that there is a direct relationship between the care providers' behaviors and the patients' satisfaction as an indicator of quality of care (1). The rapid development of science and technology in recent decades along with the rapid influence of modern and sophisticated technology to the field of medicine has changed dramatically the concept of health and health care in communities and health care systems (2). It also affected the communities' expectations so that they expect to enjoy a higher quality of life and accessing a high quality; safe and advanced health care system (3). In response to this need, it is necessary for the practitioners and health care providers to be ready and to be prepared for responding to the needs of this challenging system. Therefore, it is essential for nurses as the largest part of health care staff to have the knowledge and skills needing to be tailored to meet the demands of this dynamic condition (4). Then, nurses' roles should be clarified and they also should be empowered to produce, disseminate and implement evidence based nursing knowledge in their caring services (5) and

can protect, promote, and optimize the health and abilities of their clients. In such conditions they also will be able to perform their roles in 'prevention of illness and injury, alleviation of suffering through the diagnosis and treatment of human response, and advocacy in the care of individuals, families, communities, and populations' (6). To this end, all nurses should consider researching and use the best research evidence as an inseparable part of their profession (7). They all should try to collaborate in the process of production, dissemination and application of nursing knowledge, to be able to improve the quality of care for their clients, and also to promote the status of their profession. However, some studies have shown that there are obstacles in the way to play this role. These studies indicated that nurse like to be up to date and to deliver evidence based nursing care to respond to the clients' needs. But there are, obstacles and the organizational factors are of the main obstacles (8-10). Now the question is what programs do the senior managers of the health care system have to eliminate or reduce the obstacles and develop a culture of evidence based health care throughout the health care system? There is also a

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question that what roles the nurse researchers can play toward this goal?

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